



Pressure Group at End of Surface Interval

Z Y X W V U T S R Q P O N M L K J I H G F E D C B A

35	205	188	168	152	139	127	117	108	100	92	85	79	73	67	62	57	52	48	44	40	36	32	29	25	19	10
40	140	129	120	111	104	97	91	85	79	74	69	64	60	55	51	48	44	40	37	34	31	27	25	22	16	9
50			80	75	71	67	63	60	57	53	50	47	44	41	38	36	33	31	28	26	24	21	19	17	13	7
60				5	9	13	17	20	23	27	30	33	36	39	42	44	47	49	52	54	56	59	61	63	67	73
70				55	54	52	49	47	44	42	39	37	35	33	31	29	27	25	23	21	19	17	16	14	11	6
80					1	3	6	8	11	13	16	18	20	22	24	26	28	30	32	34	36	38	39	41	44	49
90						40	38	36	34	33	31	29	27	26	24	22	21	19	18	16	15	13	12	9	5	
100							2	4	6	7	9	11	13	14	16	18	19	21	22	24	25	27	28	31	35	
110								30	29	28	26	25	23	22	21	19	18	17	15	14	13	11	10	8	4	
120										2	4	5	7	8	9	11	12	13	15	16	17	19	20	22	26	
130											25	24	23	22	21	19	18	17	16	15	13	12	11	9	4	
												2	3	4	6	7	8	9	10	12	13	14	15	16	18	21
													20	19	18	17	16	15	14	13	12	11	10	9	6	3
															2	3	4	5	6	7	8	9	10	11	14	17
																16	15	14	13	12	11	10	9	8	7	3
																		2	3	4	5	6	7	8	10	13
																		13	12	12	11	10	9	8	5	3
																				2	3	4	5	6	8	10
																				10	9	8	8	7	6	3
																							3	4	5	7

Return to Table 1

TABLE 3  
Repetitive Dive Timetable

55
85

The upper number (in white) is the Residual Nitrogen Time (RNT) and is added to the Actual Bottom Time (ABT) of the dive.

The lower number (in blue) is the adjusted no decompression limit. The ABT should not exceed this value.